



COVID-19 Safety Protocol - Team

- We ask that high risk teachers continue teaching/ practicing from home via zoom.
- We ask that high risk clients continue to practice from home using our zoom offerings.
- Check your temperature 24 hours and 2 hours before coming to the studio to ensure you do not have a fever.
- Leave all personal belongings in the trunk of your car. All you need is your phone, keys, audio for Zoom.
- Remove shoes after entering the front door into the studio lobby. Store your personal belongings behind the desk or in the back office.
- Set Up - Turn on air purifiers, music, iPad for check-in and computer for zoom located in the studio space.
- Once prepared, with a mask on, unlock the front door to allow clients to enter.
- Students enter one at a time and maintain social distancing within the lobby.
- Clients are asked to leave all personal belongings in their car trunks as well.
- Ask clients to remove shoes upon entry into the lobby, place shoes/ keys/ phone/ credit card on the rug or on the shoe rack.
- Call one client up to desk at a time and instruct them to complete the health questionnaire and sign the waiver. Check client's temperature and notate his/her temperature on waiver.
- Check clients into class/ sell packages etc.
- Ask the client to enter the studio space via the hallway doorway. Mat placement - client is to place his/her mat in the studio at one of the designated mat spots with the #ed space being at the top middle of their mat. Ask that they stay on their mat space once set up.
- Masks remain on until at designated mat space. If the client leaves his/her mat space, mask is on.
- No loaning of mats/ blocks/ or any studio props. We do have a limited supply of blocks that may be given to clients for personal use and to keep.
- Bathrooms will be available for use. We ask that you wash your hands after use and use a paper towel to open the door. A trash bin is located next to the door. One bathroom is labeled for team member use only. The other bathroom is for clients.
- Teachers and team are to wear masks at all times, until at designated teaching location and/or no one is in the lobby with team members.
- Clients must wear their mask until on their designated mat space. Once on designated mat space, the mask may be removed. If a client has an issue with the mask mandate, kindly inform them this is our studio policy based on current mandates. Client has the choice to follow the policy or leave and come back when it is more comfortable for him/her. Until then, the client may join us via Zoom. Text Liz with details of the situation.
- We ask that our team/ practitioners stay home if sick or experiencing any symptoms related to COVID-19.
- Team members and clients are to keep their mats at home until we are re-opened more fully.
- Teach/ practice and enjoy. You've all worked hard to flatten the curve.
- At the end of class, masks are put back on and clients will exit via the doorway into the lobby one at a time. First in, first out.
- Please direct clients to collect their items and exit the lobby as quickly as possible. Unlock the front door and stay at the front desk if anyone should need assistance.
- Follow all closing/cleaning procedures before leaving the studio.
- If you show signs/symptoms of COVID-19 and/or test positive, please email Liz - liz@270poweryoga.com



COVID-19 Safety Protocol - Clients

- All In-Studio spots are through online reservation only. If you reserve online and the class is full you can choose to be put on the waitlist. All waitlist clients will be notified via email if a spot has become available to you. Waitlisted clients have the option to practice in the lobby as long as 6ft. Social distancing is maintained. Lobby can accommodate 2-3 mats.
- If you reserve a spot on-line and need to cancel it we ask that you do so 8 hours prior to class. We reserve the right to charge a \$10 no-show fee for clients that book and do not show up.
- We ask that clients who book on-line show up 15 minutes prior to class in order to give ample time to check clients in one at a time and start class on time.
- We ask that all clients are healthy and have not had any fever/ shortness of breath/ any health concerns prior to showing up at the studio. If you have had any symptoms related to COVID or if you have come in contact with anyone who has had COVID or symptoms in the last 14 days that you do not attend classes at the studios. If you have traveled outside of Kentucky in the last 14 days we ask that you sit tight and take our zoom class offerings until you are sure that you are healthy and that it is safe for you to attend in-studio classes.
- Leave all personal belongings in your vehicle.
- Upon entering the front door, remove your shoes. Store them with your few personal belongings on the rug or shoe rack.
- Maintain social distancing and masks observances.
- Check in protocol - Each client will be called to the desk to complete a health questionnaire AND to sign a waiver. Please use a pen from the "clean" side and deposit the pen into the "used" side of the container. Place the signed waiver in the tubby. A team member will also check your temperature and document on your signed waiver.
- Once checked in, enter the studio via hallway doorway and place your mat at one of the marked spots with a # being at the top middle of your mat. Please fill the studio from the lobby wall forward towards the OM wall. Once on your mat, you may remove your mask.
- The studio will not provide mats/ blocks/ or any other studio props. We encourage you to purchase all that you need as a regular practice moving forward. We ask that clients take home their mats until we re-open more fully.
- A bathroom is available for use and we ask that you wash your hands after use and use a paper towel to open the door. A trash bin is located next to the door. One bathroom is labeled for team members use only.
- Teachers wear masks while checking in clients and are allowed to remove the mask once in the designated teaching spot.
- Clients are allowed to remove masks once set up on their mat space.
- Enjoy your practice! We have all worked hard to flatten the curve. We are grateful and excited to be with you via in-studio and Zoom! Thank you for your support.
- At the end of class, masks back on and clients exit via the doorway into the lobby one at a time. First in, first out.
- If you show signs/symptoms of COVID-19 and/or test positive, please email Liz - liz@270poweryoga.com